

Stock Market Got You Down?

Invest in a Sure Thing: Animal-Assisted Therapy!!

Who Are We?

NTERMOUNTAIN THERAPY
ANIMALS is a human service organiza
tion, a Utah nonprofit that brings the gift
of animal companionship and interaction to
people in need. Our mission is to enhance
quality of life through the human/animal
bond. Our volunteers (people and their own
pets) make regular visits to those who are
physically or developmentally disabled,
emotionally or psychologically impaired,
lonely or suffering from depression. All
services are free of charge to both client and
facility.

ITA therapy animals and their handlers are screened, trained, licensed and insured to participate in animal-assisted interactions (AAI), which may be either animal-assisted activities (AAA) or animal-assisted therapy (AAT). Successful teams have completed both health and temperament screening and volunteer training.

Now nearing our 15th anniversary, we are one of the largest groups of our kind in the United States, with more than 300 volunteer teams doing animal-assisted therapy at more than 100 hospitals, counseling centers, nursing facilities, detention homes, extended care centers, and schools. Chapters of ITA now thrive in Montana, Idaho, Nevada, and Ohio.

We are also the founders of Reading Education Assistance Dogs® (R.E.A.D.®), a literacy support program to foster in children the love of books and the reading environment. R.E.A.D. has spread throughout the United States and beyond since we launched it in 1999.

Our volunteers participate in therapy visits, training, community education, and important community service. ITA animals, having passed rigorous skills and aptitude tests, are certifiably good-tempered, healthy, safe, stable, predictable, obedient and well-groomed.

Demand for the services of ITA's well-trained animal/handler teams never abates. In addition to the more than IOO institutions we are currently serving, many more facilities are on our waiting list. All services are provided at no charge to facilities and patient/clients.

If you would like to schedule a visit from Intermountain Therapy Animals, or become involved with our organization as a volunteer (either with or without your own companion animal), or if you just want more information about us and our

work, please contact
Executive Director Kathy
Klotz at 272-3439. We
welcome all who want to lend
a helping paw! ♥

Message from ITA's Board President



Dear Friends,

have been in the proverbial trenches with Intermountain Therapy Animals now for more than eight years, all that time as a volunteer team with Colonel, my Golden Retriever, and most recently as president of the ITA Board of Directors.

I have been privileged in my life to participate in many great and important causes, and I can say with great passion that there is nothing like an animal to make a dramatic and valuable difference in the everyday, real world challenges that people face. Animal-assisted therapies are a great force for good.

People of all ages and socio-economic circumstances receive devastating diagnoses and injuries every day. Future paths must veer sharply, dreams are dashed, and all these events reverberate through a patient's family as well.

Our animals come into these situations with great wisdom and intuition; they are catalysts, motivators, sources of fun and inspiration, and — they pass no judgments.

Animals the world over inspire these reactions, so work like ours may seem almost mundane or insignificant in the larger scheme of things. But nothing could be further from the truth, because each encounter, one by one, is also unique and of singular benefit. Our therapists tell us over and over, year after year, that the animals inspire cooperation, participation and progress that they cannot otherwise get from their patients.

ITA is struggling, like other charities big and small, to keep providing these crucial services as the economic world seems to be crumbling around us. We need your help to survive, to continue helping our patient/clients in over 100 healthcare facilities to heal. Please do all you can to make room for ITA on your Christmas list. Animal-assisted therapy is one phenomenon that truly does bring comfort and joy, not just in December but 365 days each year.

With sincere thanks,

Susan Dayness

Caleb's Story

n July 2007 the Howard family's car was hit head-on by a car that had crossed over to the wrong side of the road. Caleb's mom, brother and sister were killed outright. Caleb survived, but suffered a traumatic brain injury and multiple broken bones.

Caleb's Grandmother, Alora
Howard: "We didn't have any idea what
kind of an experience we were going to
have, we didn't even know if he was going
to live."

Ben Howard, Caleb's Father:

"Early on, before Colonel came, a lot of the progress Caleb was making was so minute that I had become fairly discouraged about his potential for recovery, but when we went into the room with Colonel there was a substantial increase in his awareness. That was a real boost for me, a turning point for me, personally, in my confidence that Caleb had the ability to recover."

AH: "I noticed that every time he would see Colonel, he was more alert, and there was an increase in his awareness. He'd forget what was "normal" and do just a little bit more than what he had previously been able to accomplish."

Lisa Barnes, Physical Therapist:

"To have something much more engaging like Colonel is really helpful. The trick is getting them motivated enough to move, which can be a really hard thing. With an animal, you can immediately see they're much more motivated to try to move, to work on their goals. Colonel did that for Caleb."

BH: "In a hospital, nothing is normal. When an animal comes in, we're no longer in a hospital environment, we're in a play environment ... and the child forgets about therapy and is focused on play. It's absolutely amazing, the effect that the animal therapy has with the children.

"We saw more activity from Caleb when Colonel arrived. Caleb knows it's therapy, it's work and it's going to hurt; when Colonel comes, forget therapy, now it's playtime. That motivates him!"

Why does ITA's work matter?

Because the struggle to heal is universal, cutting across all ages and conditions and life circumstances. Illness or accident will sooner or later arrive at each of our doorsteps, affecting ourselves or our loved ones.

Therapy animals open the doors, so that healing may begin. Healing is a very personal process. A patient/client must choose to walk that often-difficult path before other supporting factors can really help.

What therapy animals do best is function as catalysts, helping patients rekindle their desire to heal, to decide that life is worth living, and to get on with the hard work of therapy.

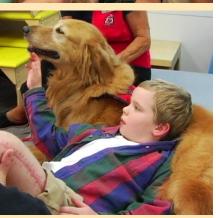
U of U Therapist: "I can't even count the number of my patients who have said, "That's the best therapy, that's the best medicine!" One even said, in my presence, 'Colonel is the best therapist in this hospital!'

"Therapy animals are a real medical tool."

Caleb's visits with Colonel, partner of Susan Daynes, were pivotal in helping motivate him to participate in his difficult physical therapies. TOP RIGHT: Getting ready to try a game of fetch; MIDDLE: Initiating a hug with his leg; BOTTOM: Dogs make great pillows!







To be Able to Help Others, We Need You!

I want to help Intermountain Therapy Animals, like Colonel, continue to bless the lives of children like Caleb. Here is my tax-deductible gift:
□ \$25 Friend □ \$50 Supporter □ \$100 Partnor □ \$250 Advocate □ \$500 Patron □ \$1,000 Benefactor □ \$5,000 The 4-Paw Circle
Name Phone
Address
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Please send to Intermountain Therapy Animals: 4050 SOUTH 2700 EAST, SALT LAKE CIT, UT 84124 (or) PO BOX 17201, SALT LAKE CITY, UT 84117 Your donations are tax-deductible to the full extent of the law. Thanks for your support!

Reading Education Assistance Dogs® (The R.E.A.D.® Program)

As ITA's R.E.A.D. Program begins its tenth year, the good news keeps on coming.

Cesar Millan Talks About R.E.A.D.

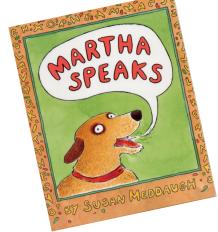
n his newest book, A Member of the Family, famed dog whisperer Cesar Millan mentions the R.E.A.D. Program:

"I can't imagine raising kids without dogs in the household. It simply wouldn't occur to me. Reams of recent research continue to pour in, attesting to the many benefits of dog ownership for both adults and kids. For example, some programs help kids with reading disabilities by having them read to special Reading Education Assistance Dogs (R.E.A.D.). The program creators noted that reading skills, including stuttering, improved," (pp. 258-259) and then points to our website so readers can get further information. Thanks, Cesar!





INTERMOUNTAIN THERAPY ANIMALS



ITA's R.E.A.D.® **Program Will Partner** With PBS

t's the biggest news yet for the R.E.A.D. Program: PBS Television has named R.E.A.D. as a "national educational outreach partner!"

This is happening in conjunction with the debut last September of their new animated series for children based on the Martha Speaks series of books by Susan Meddaugh.

We were first contacted in November of 2007 by the Educational Outreach group at WGBH in Boston (the station that does more than 30% of PBS programming). They had researched R.E.A.D. and were eager to partner with us. In the first season, we will need to have active R.E.A.D. teams in 20 target communities around the nation, something we can easily do.

More details will be forthcoming early next year.

We are thrilled at the potential for nationwide recognition and credibility that the endorsement of PBS gives to R.E.A.D.

Susan Daynes & **Colonel in the News**

Honored as Utah Healthcare Heroes

C usan and Colonel were named "Utah Healthcare Heroes" in the August 2008 issue of Utah Business magazine. This is an annual feature, recognizing many physicians and other healthcare professionals, but this is the first time a canine received this distinguished recognition. Susan and Colonel were nominated by University of Utah Healthcare, and they were honored at a luncheon on September 25th at Grand America, along with the 26 other heroes.

Parents Magazine

olonel was featured, along with a dolphin and a horse, in an article in the September 2008 issue of Parents magazine entitled "Creature Comforts," reporting on "why animal therapy can work as well as medicine." It tells of Colonel's experience with Hannah, a victim of near-drowning, whose path to recovery began in earnest when Colonel burped and she uttered her first sound in response—a giggle!

(BELOW:) Hannah, Susan and Colonel this summer at a celebration of her recovery.



ITA's Donors & Supporters 2008

[IMPORTANT: Dear Friends — We work hard to make sure our donors are properly acknowledged and recognized so you will know how much we appreciate you. But we are still working to integrate our new database, and we may not have it perfected yet. If your name should be here and it isn't, please, please contact our office (272-3439) so that we may make necessary corrections and recognize you on this page next time. We thank you with all our hearts for your faithful support of ITA and animal-assisted therapy!]

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In-Kind Donations

Anonymous (Nikon digital camera, Epson Stylus R-220 color printer, photo paper and accessories), in

Amonymous (return alguer Lameter, Epoin 3 year) are Z-Z2 Court primer, primer puper und accessories), in memory of a much loved dag who is greatly missed Roy Byrd (HP Pavilion computer, Envision 17" files-screen monitor and Canon printer) Rebecca & John Champion (Sharp fax modnie) Peggy Chudd (fixtures for ITA store; gola supplies) Ben Cook (giff of 2 digital DVD film projects about our work) Rick Corbann (250 DVD R. disks) Roymond Gunn (Compaq computer, 17" monitor and peripherals, computer table, Windows software and

paper)

Jeannine Heil (1,680 plush stuffed Lulu dogs)

Pele Hoogenboem (Brand new Dell computer; 19" (RT monitor, HP-920 with stereo speakers - S530)

Karlhy Klatz (Steekcae 2-drawer lateral file, books)

Form Martz/Yevery Blooming Thing (Rlowers for gala centerpieces)

Koy Miller (new Canon color printer)

Mills Publishing (donated ad space in programs, \$1,000+)

Mountain Express Magazinie in Park City (donated ad space, \$495)

Penno Pusser Sinte M. House (21) 27", "mounter monitors)

Mountain Express Megizanie in 'rark Lify (donated an Space, 3-495)
Penna, Powers Erian & Huynes (12 17 computer monitors)
Plan B Theotre Company (donated performances)
Gonnie Sharkey (22 "field-screen computer monitor)
Simmons Media Group (PSAs aired - S4,930)
Simon & Schuster Children's Books (200 copies of 00G; 200 copies of Henry, the Dog with No Tail; 200
copies of Honry for Reading Day!
Clindy & Richard Starley (11" TW w/DVID player)
Simi Warsoff Inso books (6 2 F A ID) 1)

Sarai Warsoff (new books for R.E.A.D.)

Williams & Sons Engraving (heart dog tags) Amelia Wright & Friends (50 new children's books for the R.E.A.D. program)



Recognition & Memorials

DONATIONS

In MEMORY of . . .

Baron, partner of Cindy & Richard Starley Kathy Klotz

Cindy & Richard Starley

Vera & Bruce Wood

Donna Caviness, R.E.A.D. Team

Shawnee Mission (KS) Librarians Conkie, companion of Mary Sohn & Kay Senzee

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In HONOR of . . .

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ITA's "\$15 for 15" Matching Grant Challenge****

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Country Pines Retirement Home

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Joy Thompson's R.E.A.D. Program on

Whidbey Island

Karen & Paul Whelan

Tucker, our great Springer

Allen McIllece

To SPONSOR . . .

Ben, partner of Pat Hemingway Henry Hemingway Betty, partner of Diane Bracey Tiffany Foutz

Colonel, partner of Susan Daynes Eduardo Martinez

Elliot, partner of Joe Vervaecke

Michael Clay Ed Golub

Winston, partner of Christina Short Doug Short

In TRIBUTE to . . .

Dale Draznin

Evelyn Hepner

Beth Duggan

Donna Draisey

Betty, ITA partner of Diane Bracey Skip Klintworth

In the NAME of \dots

Order of The Eastern Star of Utah, Grand Chapter Officers 07-08 Carla Carmain Herret

"No purpose is too small if it makes life better for others. A good therapy dog relieves more pain than any movie star."

– Dean Koontz



The Facilities and Programs We Serve

Intermountain Therapy Animals' volunteers are currently participating in animal-assisted therapy (AAT) and/or animal-assisted activities (AAA), including R.E.A.D. programs, at the following facilities.

UTAH – SALT LAKE AREA

Aspen Ridge Rehabilitation Center (Rehabilitation therapies)

Atria Crosslands / Sandy (Assisted Living) Benchmark Hospital / Woods Cross (Adolescents in Residential Treatment Program for Drugs and Violence and R.E.A.D. program)

Boys & Girls Clubs of Midvale (R.E.A.D.) Bluffdale Elementary (R.E.A.D.) / Bluffdale Canyon Rim Care Center (short- and longterm care)

Care Source Residence (Hospice care) Children's Center / Kearns (Child Learning) Cottonwood Hospital (Surgical Waiting Room)

Grace Mary Manor

HealthSouth Rehabilitation Hospital / Sandy (Long-term Rehabilitation) Heritage Place / Bountiful (Seniors)

Highland Care Center / SLC (Senior Care)

Infinia at Granite Hills / SLC (Long-term rehabilitation)

Inn at Barton Creek (Seniors) / Bountiful Inspiration Hospice / Murray Jackson Elementary / SLC (R.E.A.D.)

Jordan Valley Hospital / West Jordan (Med Surg)

Lakeview Hospital / Bountiful (Senior Psych Unit)

LDS Hospital (IHC) / Rehabilitation

Learning Services / Riverton (Adult Males with Longterm Disabilities)

LifePath Hospice Lone Peak Elementary / Sandy (R.E.A.D.)

Longview Elementary / Murray (R.E.A.D.) Neighborhood House / Cottonwood and SLC (elder daycare)

Observation & Assessment, Boys' Unit / Salt Lake City (Adolescents in juvenile detention)

Observation & Assessment, Girls' Unit / Salt Lake City (Adolescents in juvenile

North Canvon Care Center / Bountiful Parklane Senior Living / SLC

Primary Children's Hospital (IHC) / SLC (Inpatient Rehabilitation Services)

Primary Children's Residential Treatment Center (IHC) / SLC (Children With Emotional and Abuse Issues)

Promise Specialty Rehab / West Valley City Ronald McDonald House / Salt Lake City Salt Lake City Libraries / SLC (R.E.A.D.) Salt Lake County Libraries (R.E.A.D.) Salt Lake Regional Medical Center / SLC Sandy Regional Medical Center

Shriner's Hospital for Children / Salt Lake City (Children Undergoing Orthopedic Procedures)

South Davis Community Hospital / Bountiful (Long- and Short-term Rehab) South Valley Sanctuary / West Jordan (Woman & Child Center)

St. Joseph's Villa / SLC (Senior Care)

St. Mark's Hospital / Salt Lake City (Rehabilitation Services and Transitional

TURN Community Services / SLC TURN Community Summer Camps University of Utah University Hospital (Rehab Services, Burn ICU, MedPsych Unit and Surgical Waiting Room)

University of Utah Neuropsychiatric Institute (Adult and Child Units)

Utah Cancer Specialists / SLC Utah School for the Deaf & Blind / Connor Street (Children With Multiple Disabilities)

Utah State Prison / Women's Inpatient Unit Veterans Hospital / Salt Lake City (Rehabilitation/Hospice/Care Center)

H. Guy Child Elementary (R.E.A.D.) / Ogden

The Gardens / Ogden

Heritage Park Care Center / Roy (Alzheimer's Patients)

Holt Elementary School / Clearfield (R.E.A.D.)

Infinia Healthcare / Ogden (Assisted Living) McKay-Dee Hospital (IHC) / Ogden (Transitional Care, Psychiatric, Oasis

Program and Rehabilitation Units) Mountain Ridge Assisted Living / Ogden North Park Elementary (R.E.A.D.) / Roy Red Cross Adult Transition Program /

Ogden (R.E.A.D.)

Rocky Mountain Care / Clearfield (Assisted Living)

Utah Schools for the Deaf & Blind / Harrison Blvd., Ogden (Children with Multiple Disabilities)



Aspen Pointe / Bozeman Bear Creek Respite / Bozeman Big Sky Ski Patrol / Bozeman Big Sky Youth Center / Bozeman Birchwood Retirement / Bozeman Bozeman Deaconess Hospital (cancer treatment center, dialysis unit and surgical waiting room)

Bozeman Public Library (R.E.A.D.) / Bozeman

Churchill Retirement Home / Bozeman Eagle Mount Camp / Bozeman Emily Dickinson Elementary (R.E.A.D.) / Bozeman

Epicenter / Bozeman Frontier Assisted Living / Bozeman Gallatin Rest Home / Bozeman Great Northern Physical Therapy Hawthorne Elementary School (R.E.A.D.)

High Country Care / Bozeman Highgate / Bozeman (retirement home) Morningstar Elementary (R.E.A.D.) / Bozeman

Mountain View Care Center / Bozeman New Horizons / Livingston Parkhaven Retirement / Bozeman Prestige Assisted Living / Bozeman REACH Homes for Developmentally Disabled Adults / Bozeman Springmeadows Assisted Living / Bozeman

Whittier Elementary (R.E.A.D.) / Bozeman



Volunteers of America Women & Children's Center / SLC

Wasatch Youth Center (Youth Focus) Wentworth at Willowcreek

UTAH – PARK CITY AREA

Parley's Park Elementary (R.E.A.D.) McPolin Elementary / Park City (R.E.A.D.) Park City Library (R.E.A.D.) Rocky Mountain Care Center / Heber Summit County Library (R.E.A.D.) Wasatch High School / Heber (Special Education)

UTAH – OGDEN AREA

Aspen Behavioral Center / Syracuse Aspen Care Center / Ogden (Assisted Living) Behavioral Health Institute / Ogden (Acute Care and Day Treatment) Christmas Box House (Children in care of state services) / Ogden

Country Pines Retirement / Ogden Crestwood Care Center / Ogden

Vista Care Hospice / Ogden Wasatch Care Center / Ogden Weber County Library / Ogden (R.E.A.D.) Weber Valley Detention Center / Ogden Willard Elementary / Willard (R.E.A.D.)

UTAH – UTAH VALLEY AREA

American Fork Hospital Center for Change /Orem (Eating disorders) Central Utah Counseing Center / Mt. Pleasant Courtyard at Jamestown / Provo Utah Cancer Specialists / Provo

UTAH - OTHER AREAS

Autumn Park Assisted Living / Mt. Pleasant Central Utah Counseling Center, Ephraim, - AAA / R.E.A.D

Utah Valley Regional Medical Center / Provo

IDAHO

Bridgeview Estates (long-term care center) / Twin Falls Canyon View Psychiatric & Addiction Hospital / Twin Falls Cassia Regional Medical Center / Burley Hansen Public Library (R.E.A.D.) Rupert Long Term Care Center / Rupert Southern Idaho Learning Center / Twin Falls Twin Falls Public Library (R.E.A.D.)

NEVADA

Camp Care, Camp Lotsafun & MDA Camp / Reno Incline Village Elementary (R.E.A.D.) Marvin Piccolo School / Reno (R.E.A.D.) Nevada State Dept. of Corrections / Carson City Tahoe Forest Hospital / Truckee Washoe County Public Library (R.E.A.D.) / Incline Village

Ohio Valley Manor / Ripley

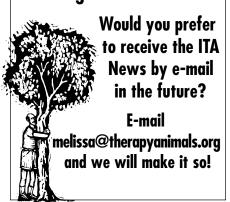
Contact Us Anytime:

Intermountain Therapy Animals

4050 South 2700 East, Salt Lake City, Utah 84124 (or) P.O. Box 17201, Salt Lake City, Utah 84117 Tel 801-272-3439 • Fax 801-272-3470 Toll-free 877-485-1121

e-mail: ita@therapyanimals.org Web Site: www.therapyanimals.org

Going Ever Greener:



Dear Santa, please bring . .

- Lots of 8.5×11 " white paper by the case, for copying and printing
- (6) Ergonomic desk chairs (Our ancient donated chairs are getting dangerous!)
- New computers (our old donated machines have been well loved but are hopelessly antiquated)
- An "Easy-Up" tent for keeping our dogs in the shade during community events

Dogs may be the *real* wonder drug!"



Christine Chambreau

Companion Animal Portraits

www.eyesoftheaspen.com

801-550-2665
See website for pricing and other examples

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